



# My Premise Health Member Portal



A secure online and mobile tool that puts your health information in your hands.

Healthcare is personal, it's all about you.

That's why the My Premise Health portal connects you with your healthcare experience by providing convenient access to your providers, health records, visit history, test results, and more.

## Convenience

- Real-time appointment scheduling
- Receive appointment confirmations and reminders via email or text message
- eCheck-In to complete health information forms before you arrive for your appointment
- Fast Pass automatically alerts you if an earlier appointment becomes available

## Health Management

- Access and track your lab results
- Request prescription refills
- Manage your health history and share it with other healthcare providers
- View your visit history – including visit date, provider, and summary of care
- Track your health and wellness goals

**Call or visit your Helena Montana  
Health Center for more information.**

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405 Saddle Drive Helena, MT 59601

(855) 200-6822

[mypremisehealth.com](http://mypremisehealth.com)

## Valuable Resources

- Quickly and easily find directions, hours, staff, and contact information
- Get to know your medical providers and clinic staff
- Access to health and wellness education

## Secure communications

- Conveniently exchange private, secure messages with your providers
- Ask a question, get advice, confirm a result or get an update on your condition
- Get the answers you are looking for – directly and conveniently from your providers

## Virtual Health

- Online and mobile video visits allow you to engage providers remotely
- eVisits offer treatment for common conditions via secure messaging – without the need for a face-to-face encounter

## Activate Your Account:

Visit [MyPremiseHealth.com](https://MyPremiseHealth.com)  
or download the My Premise Health app  
and click “SIGN UP NOW”



## Managing your healthcare just got easier.



Real-time scheduling



Virtual visits



View lab results



Complete forms



Message providers



Pay your bill



Manage medications



Plus many more features